



COURAGEOUS CHANGE

“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.” Jeremiah 29:11 (NIV)

WHAT IS THE CHANGE I NEED TO MAKE?

What changes have I experienced over the last few years?

Were they positive? How?

Were they negative? In what way?

How did these changes impact my life?

How did these changes impact my relationships with others?

How did these changes impact my faith?



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“He heals the brokenhearted and binds up their wounds.” Psalms 147:3 (NIV)

WHAT DO I KNOW ABOUT MY PAIN?

What pain have I experienced?

Is my pain self-induced or caused by someone else?

What is my attitude concerning my pain? Do I have a victim or victor mindset?

Am I blaming someone? Do I need to forgive them?

Do I believe God can use my pain for his purpose? Am I willing to move forward?



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"...let us throw off everything that hinders us and the sin that so easily entangles us. And let us run with perseverance the race marked out for us;" Hebrews 12:1b-2a (NIV)

WHAT DO I KNOW ABOUT MY PLATEAU?

In what areas of my life do I feel stuck or that I plateaued?

How do I believe, feel, and speak about my current plateaus?

Do I have legitimate reasons for being stuck or am I making excuses out of fear, complacency, frustration, or negative thinking?

Do I believe God has a plan to help me get unstuck, break through my plateau, and move forward in my life and calling?

If I knew I would be successful, what is one life change I would make to break free from my rut?



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And we know that in all things God works for the good of those who love him, who have been called according to his purpose.” Romans 8:28 (NIV)

WHAT DO I KNOW ABOUT MY PURPOSE?

What is my God-given purpose? What is my unique calling?

What gifts, talents, and strengths has the Lord given me to serve him and bless others?

What is my passion? What am I good at? What inspires me?

What breaks my heart and moves me to want to take action?

How can my life point to God today? How can I use my story for his glory?

How can I fulfill my purpose in my every day life?



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"See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in a wasteland." Isaiah 43:19 (NIV)

AM I READY FOR COURAGEOUS CHANGE?

Do I have the want-to, the willingness?

Am I willing to surrender my will to God's?

Am I willing to put in the work?

Am I willing to believe what God says about me over what the world says?

Am I willing to pivot and make a radical shift in how I think, feel, and act?

Am I willing to make courageous change now or in the near future?



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"I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

Philippians 3:14 (NIV)

PAUSE • PRAY • PIVOT • PROCEED

- PAUSE-CHANGE MY WILL

- PRAY-CHANGE MY MIND

- PIVOT-CHANGE MY FEELINGS

- PROCEED-CHANGE MY ACTIONS

What are the next steps I will make in the change I want to see in my life?



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BIBLE VERSES

“He heals the brokenhearted and binds up their wounds.” Psalms 147:3 (NIV)

“Love the Lord with all your heart and with all your soul and with all our mind and with all your strength...Love you neighbor as yourself.” Mark 12:30-31 (NIV)

“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.” Romans 8:28 (NIV)

“...let us throw off everything that hinders us and the sin that so easily entangles us. And let us run with perseverance the race marked out for us;” Hebrews 12:1b-2a (NIV)

“I took you from the ends of the earth, from the farthest corners I called you. I said, ‘You are my servant’; I have chosen you and have not rejected you.” Isaiah 41:9 (NIV)

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